

NRG – GARLIC & APPLE CIDER VINEGAR

Two powerful ingredients combine to create a natural product with a host of health benefits.

Garlic is one of the most widely utilised herbs in the world. It has been embraced for centuries for its beneficial properties and its application for animals can even be traced back to Egyptian, Roman and Chinese cultures.

Combined with NRG's unpasteurised and unfiltered Apple Cider Vinegar, the resulting Garlic ACV mix is a rich source of Potassium and Sulphur which is essential for healthy skin and hair and contains high levels of Methylsulylmethane (MSM) commonly used to ease joint problems.

The NRG Team took time to successfully mix a Garlic dose of 10% to the Apple Cider Vinegar product following the advice of nutritional experts. When used at the correct daily dose, Garlic is perfectly safe with no known side effects.

Nutritional Info: (mg/L)

Potassium 1450

Sodium 74

Magnesium 10.8

Phosphorus 23.4

Calcium 4.5

Acidity to 5%

Key Benefits:

May have a place in nerve and muscle function

Considered an important mineral in diets

May have a role in nerve and muscle function

Has a role in general metabolism and nerve function

Has a role in normal growth and maintenance of bones, teeth and muscle function

Believed to assist in balancing the acid/alkaline pH levels

