

Branched-chain amino acid (BCAA) supplement to aid muscle recovery after strenuous exercise



COMPOSITION

L-Valine 150 mg/g
L-Leucine 100 mg/g
L-Isoleucine 50 mg/g
Pyridoxine HCl (Vit B6) 20 mg/g
Ornithine Alpha Ketoglutarate (OAK) 20 mg/g

ACTIONS

Recovery Paste supplements branch chain amino acids (BCAAs), which can help muscle cell recovery after strenuous exercise.

The three BCAAs Valine, Leucine and Isoleucine make up one third of all muscle protein. During exercise increased muscle activity results in very significant losses of these three BCAAs. Supplementing with these three BCAAs immediately after exercise helps replace the muscle tissue lost during hard physical work.

Ornithine alpha ketoglutarate (OAK) helps scavenge toxic ammonia products.

How Does It Work?

By making the essential BCAAs available immediately after hard physical work, the performance horse is able to immediately begin to replace BCAAs lost from muscle during exercise.

Pyridoxine (Vitamin B6) is an essential cofactor in amino acid metabolism, and OAK has a number of very beneficial effects, including helping scavenge ammonia which can accumulate during exercise.

Key Features and Benefits:

- Recovery Paste is a source of Branch Chain Amino Acids (BCAAs) plus essential co-factors.
- Recovery Paste helps replacement and recovery of muscle after hard exercise.
- BCAAs constitute one third of all muscle tissue, and are lost from muscle during hard physical exercise.
- OAK helps scavenge ammonia free radicals which are produced during hard exercise.

DOSAGE AND ADMINISTRATION

Adult horse:

Intensive 10 mL

Maintenance 5 mL

Dog: 0.5 mL per 10 kg bodyweight

Recovery Paste should be used daily preferably within 30 minutes after hard work.

WARNINGS

If used in performance animals, the regulations of the relevant authorities regarding medication should be observed.

PRESENTATION

250g paste pot with syringe.

STORAGE

Store below 30°C (Room Temperature).

AVAILABILITY

For General Sale

HANDY HINT

Combine Energetic Isotonic with Recovery Paste and CopHos B for optimum post-race recovery and restoration of muscle energy reserves.