



RECOVERY

“Recovery” is designed to accelerate post-exercise glycogen and protein synthesis.

What does this mean?

To assist with accelerating recovery and muscle repair after intense exercise, it is imperative that adequate digestible carbohydrates and proteins are available for immediate conversion. There is a limited ‘window of time’ available for maximising muscle repair and recovery after exercise.

The combination of digestible carbohydrates and protein, in the correct ratio, ensures the best possible chance of ensuring muscle recovery.

“Big Dog Recovery” offers this in a specially formulated powder that is easily mixed with water to ensure a convenient, palatable, post-exercise drink is available for accelerating your dogs’ recovery.

Each 40gram dose supplies:

- Carbohydrates - 30 grams
- Protein - 10 grams
- Creatine Monohydrate - 2 grams

Dosage:

Mix 40g of formula into approximately 200mls of water for a palatable milk drink.

Ingredients:

Dextrose Monohydrate, Maltodextrin, Amino Acid Blend (containing all essential amino acids and high levels of Glutamine), Creatine Monohydrate, vegetable oil.

Available in - 450g, 1kg, 3kg, and 20kg